



Is this for you? Do you have:

- An emerging sense of call to the ministry of Spiritual Direction and a desire to direct your giftedness in this ministry
- The capacity to listen empathetically and sensitively
- The life experience to respond with wisdom to a wide range of people
- An openness to reflect on, and learn from, your own and others' lived experience
- A commitment to prayer and reflection, the discipline of study, written and group work
- A mature and committed Christian faith, openness to struggle, preparedness to embrace paradox and mystery, willingness to change in response to the call of God, and openness to the whole community of faith
- A commitment to contemplative way of life engaged in ongoing Spiritual Direction

*We work within the Anglican tradition and  
Welcome participants from other traditions.*

*"You know, Lord, my intention is not so much to be their superior as to lovingly help them and humbly serve them, to be, at their side one of them..."*

*(St Aelred of Rievaulx)*

For more information or to register your interest, please contact the Director for Spiritual Direction

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**Anglican**  
Church Southern Queensland

 **ST FRANCIS**  
COLLEGE  
SOUTHERN QUEENSLAND

*learn experience transform*



St Francis College  
Spiritual Direction  
Formation Program

## Philosophy of formation

Spiritual Direction is a charism and a call of God. Our approach is contemplative and draws on the wisdom of the traditions of this Ministry as well as the lived experience of participants.

## The Spiritual Direction Formation Program

This program offers participants an opportunity, with experienced Spiritual Directors, to both discern the call to this ministry and develop their practice in companioning others in their interior journeys.

## Course outline description

This formation program is made up of both theoretical and practical studies conducted in a contemplative learning environment using the contemplative evocative model of Spiritual Direction. This model aims to integrate a contemplative stance in the student and the adoption of a contemplative stance towards their directees. It is evocative because its underlying philosophy is to evoke personal and spiritual growth in the student which will flow on to their directees.

## Course structure

Four years part time study made up of 250 contact hours of outcome based contemplative learning and 96 hours of Spiritual Direction Practicum comprising 72 hours of group/peer and personal supervision, and 24 hours of engagement in individual spiritual direction.

## Course delivery

The contemplative learning program is delivered online/blended, in two, 4-day intensives a year (64 contact hours). One in first semester, usually April/May, and one in second semester, usually October. Intensives usually run from Tuesday to Friday from 9.00 am to 4.30 pm each day. Attendance and participation at each intensive is compulsory.



## The Prayer of St Francis

*Lord, make me an instrument of  
Your peace.*

*Where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.*

*O, Divine Master,  
grant that I may not so much  
seek to be consoled as to console;  
to be understood as to understand;  
to be loved as to love;*

*For it is in giving that we receive;  
it is in pardoning that we are  
pardoned;  
it is in dying that we are born to  
eternal life.*

